



Dear CMAW Benefit Plan Member,

We are excited to announce that on July 1, 2024, a new digital platform will be made available for you to access all your Health services. GreenShield+ marks the transition from our current platform, GSC everywhere and the integration of our various health services to a more streamlined and user-friendly experience.

Our **Employee and Family Assistance Program (EFAP)** is also getting a new look and additional features to support your mental health and well-being. Inkblot by GreenShield is now GreenShield Health. Our EFAP supported by GreenShield+ aims at providing you with access to a digital ecosystem of services to support the health of you and your family.

**NEW TO YOU: Access your benefits anytime, anywhere, now with GreenShield+**

GreenShield+ is our new platform that makes it easier for you and your dependents to use all the services you currently enjoy today as a plan member. It integrates our service offerings like mental health, well-being, and digital pharmacy with health coverage so you can access them all in one place. Search for healthcare providers, check benefits coverage, access healthcare services, connect with thousands of healthcare professionals, and seamlessly submit your benefits claims anytime, anywhere.

If you have an existing Inkblot account, you can link your account by following these steps:

- Click on “counselling” from the GreenShield+ dashboard
- Answer “I have an existing account”
- Login using your original Inkblot credentials
- Your account is now linked to Greenshield+ and you won’t have to re-enter your Inkblot credentials again!

Your session history and practitioner matches will link with your new account.

**CHECK IT OUT TODAY**

Accessing GreenShield+ is easy: login using your existing GSC everywhere login and password. New users will need to create a GreenShield+ account.

To get started, you can go to [app.greenshieldplus.ca/sign-up](https://app.greenshieldplus.ca/sign-up), download the new GreenShield+ app from the App Store or Google Play Store or scan the QR code with your phone camera to register by following the on-screen sign-up instructions.



[Check out this LINK for assistance with registration.](https://app.greenshieldplus.ca/sign-up)